

# HOW TO READ AN ADULT-USE CANNABIS LABEL

*in New York*



## What's in your product?

- Different products have different potency, meaning they have different amounts of THC, CBD, and other cannabinoids. The amount of these compounds in your product can change how it affects you.
- **On edibles** (like chews or lozenges), check labels for nutritional fact information, the amount of cannabinoids (in milligrams, or mg) per serving and in the entire container.
- **On inhalables** (like pre-rolls or flower), check labels for the percentage (%) of the product that consists of each cannabinoid. These products will typically list the cultivar (or strain) of cannabis that is inside.

## Quality Assurance Information

- Labels include a QR code that links to the Certificate of Analysis (CoA). A CoA will tell you the results of testing for harmful contaminants as well as which specific cannabinoids are present in a product.
- Cannabis can change when it is exposed to air or other contaminants, so your CoA will not be accurate forever. To see if your CoA is still accurate, look at the “Expiration Date” if you haven’t opened the product since you bought it, or look at the “Use By Date” if it has been opened.

## Warning!

- Labels include warnings to avoid accidental consumption and information to help people consume responsibly.
- The Poison Center phone number is listed in case you feel bad after using the product or if someone consumes the product by mistake. Call: **(800) 122-2222**

## How to Use & Store

- Your product will tell you how to use it and how to store it. Keep your product in the original child-resistant packaging. Store all products—especially edibles—away, out of sight, and out of reach from young people and pets!

## Universal Symbol

- You will see this symbol on all legal (i.e. regulated) adult-use cannabis products. This symbol is easily recognizable to allow you to quickly tell whether a product contains THC or not.



Office of Cannabis Management



If you have general questions regarding the Office of Cannabis Management, please call us at **1-888-OCM-5151** (1-888-626-5151) or email us: [info@ocm.ny.gov](mailto:info@ocm.ny.gov)

Scan for more information or visit [cannabis.ny.gov](http://cannabis.ny.gov)