

# KNOW YOUR RIGHTS WITH CANNABIS

## New York



New York State legalized adult-use cannabis for people **21 or older**.



People 21 or older are allowed to possess up to **3 ounces of cannabis flower and 24 grams of cannabis concentrate** (like edibles or oil).



Pay attention to where you can and cannot consume cannabis (especially if you are smoking or vaping) and always make a plan before you consume. **Driving while high or impaired by cannabis is illegal.**



Employers may not discriminate against you for cannabis use outside of the workplace – but may still have policies related to drug testing and cannabis use in the workplace.



Office of Cannabis  
Management

If you have general questions regarding the Office of Cannabis Management, please call us at **1-888-OCM-5151** (1-888-626-5151) or e-mail us at [info@ocm.ny.gov](mailto:info@ocm.ny.gov)



## Is “gifting” cannabis legal in NYS?

It is **legal** to share cannabis within the possession limits (or give it away) to someone 21 or older.

But it is **illegal** to trade, barter, or “gift” cannabis to someone in exchange for something else. This includes “gifting” cannabis while selling something else (like a t-shirt or a sticker).



## Where am I allowed to smoke cannabis?

It is **legal** to smoke or vape cannabis in most places where you can smoke or vape tobacco like a private home or back yard. Landlords are still allowed to ban smoking (both tobacco and cannabis) in apartment buildings – check your lease to know if this applies to you.

Cannabis **cannot** be consumed in motor vehicles, hookah/cigar bars, businesses, restaurants (including patios), federal property (including public housing), and most public and state parks as well as beaches.



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